



# MISSION DIRECTOR NATIONAL HEALTH MISSION, J&K

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**Principal,  
Govt. Medical College,  
Jammu/Srinagar.**

No: SHS/J&K/NHM/FMG/J/ 19459-67

Dated: 19/03/2016

**Sub: Release of GIA for procurement of equipments for District Early Intervention Centres (DEICs) under RBSK Programme during the year 2015-16.**

Sir,

As per the approval of Chairman, Executive Committee, State Health Society, NHM, J&K, sanction is hereby accorded to the release as Grant-in-Aid of **Rs.24.15 Lacs (Rupees Twenty Four Lac and Fifteen Thousand only)** i.e. **Rs.12.075 Lac** each in favour of Principal, Govt. Medical College Jammu and Principal, Govt. Medical College, Srinagar for the procurement of equipments (as per annexure enclosed) for District Early Intervention Centres (DEICs) under RBSK programme (FMR Code: B16.1.6.3.2) under Mission Flexible pool during the year 2015-16.

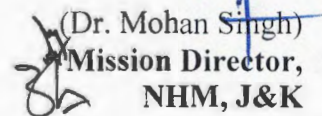
Accordingly, sanctioned GIA is hereby electronically transferred to your official Bank A/c No.0373040500000027 of J&K Bank Ltd, Govt. Medical College Jammu and Bank A/c No.SBG-9 of J&K Bank Ltd, branch at Govt. Medical College Srinagar of Principal, Govt. Medical College, Srinagar.

**The Grant-in-Aid is subject to the following conditions:-**

1. That the above sanctioned GIA is exclusively meant for procurement of equipments for District Early Intervention Centres (DEICs) under RBSK programme strictly as per guidelines for establishment of DEIC and list of equipments issued by the MoH&FW, GoI and after observing codal formalities under rules. In case of any enquiry in this regard, please contact to Divisional Nodal Officer, Kashmir, (Programme Manager, Child Health/RBSK) SHS, NHM, J&K.
2. That the monthly Statement of Expenditure & Utilization Certificate are to be sent to the State Health Society regularly.
3. That all the buildings/equipments supported under NHM should be prominently carry NHM Logo in English, Hindi and regional languages.
4. That the proper record of Bank Column Cash Book, Ledger, Assets and other relevant record are to be maintained for check of any visiting team Central/State Govt. team.
5. The accounts of the grantee shall be opened to the inspection by the sanctioning authority and Audit both by the Comptroller and Auditor General of India under the provision of CAG (DPC) Act 1971 and internal Audit by Principal Accounts Office of the Ministry of Health & Family Welfare, Government of India, whenever the society is called upon to do so.

Yours Faithfully,

**Encls: As stated above**

  
(Dr. Mohan Singh)  
Mission Director,  
NHM, J&K

**Copy for information to the:**

1. Commissioner/Secretary to Govt. Health & Medical Education Department, J&K Civil Secretariat, Jammu
2. Director (P&S), State Health Society, NHM, J&K
3. FA & CAO, State Health Society NHM, J&K.
4. Programme Manager, Child/RBSK, State Health Society NHM, J&K for n.a.
5. Divisional Nodal Officers, State Health Society NHM, J&K Kashmir/Jammu Division.
6. I/C website ([www.nrhmk.com](http://www.nrhmk.com))
7. Office file.

# H) Equipment's

## I. FURNITURE:

There should be minimal furniture so that there is ample space for the child to move about. Things that are breakable, injurious/toxic should be out of reach of the children.

The space should be utilized to its fullest capacity by having brightly-colored toys for children, adequate play area and different kinds of posters.

The minimum requirement of furniture and logistics is as follows:

- Tables for consultation and examination for each room including reception
- Adequate Chairs for seating
- Cupboards for storage for each room
- Racks for material for each room
- Display boards for each room
- Computer Desktops for Reception/Registration and DEIC Manager room with internet facility
- Water Dispenser
- Television for the Waiting area
- Speaker System
- Intercom System for each room

## II EQUIPMENTS FOR PHYSIOTHERAPY/OCCUPATIONAL THERAPY

S.No	Equipment	Specification	Quantity
1	Therapy ball		
a)	65 cm	Brightly colored, Inflatable by foot pump.	1
b)	45cm	Molded heavy duty vinyl ball can support weight up to 150 kg	1
2	Therapy mats- 6ft x3ft	Length 6 ft and breadth 3ft, made up of Rubberized foam, vinyl coated cover, thickness 4 cm, can be wiped clean with a damp cloth	6
3	Bolster		
a)	2ft long, diameter- 8 inch	Sponge cover on wooden shaft, outer side is covered with rexene, rexene is fixed to the wooden shaft with thick pins	1
b)	2ft long, diameter- 10 inch		1
4	Small roll- 13 inch long, Diameter-3 inch	Sponge roll covered with rexene	3
5	Prone Wedge		
a)	Big- Height-14 inch; Length- 31 inch, breadth 17	Foam filled wedges covered with Nylon, fitted with velcro straps to position the	1

	inches	child	
b)	Small- Height-10 inch; Length- 26 inch, breadth 17 inches		1
6	Balance Board	Rexene covered cushioned platform size 45 cmX60 cmX15cm high	1
7	Kaye-Walker (height-48-64 cm)	Height 48-64cm, distance between hand grips 34 cm, frame width 58-60cm, frame length 69-83 cm, user height 107- 137 cm, maximum user weight 39 kg., frame weight 3.85 kg.	1
8	Trampoline	Compact round trampoline, shape- round, light jumpers. Dimensions, diameter of the mat 2.5m, surface area of the mat(4.9 meter square), minimum lateral installation clearance (5.5m),Jumper weight rating 80 kg., structural load capacity 380kg.,height of the mat above ground 0.8 m, height of the Flexi-net above mat1.5 m, total height 2.3m	1
9	Bolster Swing	With nylon rope or straps with hooks to fit in the swing frame. Size 25 cm diameter X 90 cm long	1
10	Wooden Benches with cushion and Rexene cover	Small (3ft long, height 8 inches, breath 6 inches), Big (3ft long, height 12 inches, breath 8 inches)	1 1
11	Splints (Ankle Foot Orthosis)		1 pair
12	Special chairs with cut-out tray (Tailor made according to need of the child)		1
13	Toys (for play and stimulation)		
a)	Small rattles		10
b)	squeaky		3
c)	Puja bell (clapper bell)		2
d)	Soft toy		10
e)	Brush for tactile stimulation		2
f)	Theraputty	Gluten free, non-toxic, red, yellow and blue colors	3 containers

g)	Peg board	laminated square board having 10 holes to hold smoothly finished solid plastic pegs in five different bright colors	2
h)	Ball Pool	The dense foam padded mini Ball Pool is Soft, safe and perfect for small children. It provides an excellent sensory stimulating activity. The round pool is 120cm in diameter x 50cm high, & has 10cm thick padded sides. The pool contains 500 multi color balls of 7cm or 8cm diameter. Pool side and bottom is covered with durable rexon that easily wipes clean.	1
i)	Balls of different size		5
j)	Gaiters	Aluminium/bamboo stick of 8",10", 12",14" long inserted in the pockets of thick canvas, 3 velcro straps to be wound around	Total 8 nos (1 pair of each size mentioned)
k)	Thick handle spoon	Stainless steel spoon, padded handle	3
l)	Thick handle bent spoon	Stainless steel bent spoon, padded handle	3
m)	Plastic spoon with long handle (for babies)	Long handle bright color spoon	3
n)	Plastic glass with rim cut on one side	Plastic glass with one side of the rim is cut to accommodate nose	3
o)	Stainless steel plates with high rim	High rim to prevent spilling over of food	3
p)	Spouted cups	Spouted cups	3

\* Pictorial of Therapy Equipment is placed in Annexure

### III. DIAGNOSTIC EQUIPMENTS/TOOLS FOR VISION, HEARING & SPEECH, INTELLECTUAL, EMOTIONAL & BEHAVIORAL ASSESSMENT

<i>Condition</i>	Validated    Confirmatory	/    Age Group
	Diagnostic Tool	
<i>Hearing Impairment</i>	• OAE screener	0-6 years
	• ABR screener	0-6 years
	• Audiometer	4-18 years
	• Portable Tympanometry Instrument	2-18 years
	• BERA with ASSR with both insert phone and head phone	0-6 years
<i>Vision</i>	• Otoscope	All
	• Torch-penlight	0-18 years



**Impairment**

- Lea Symbols Visual Acuity Test & Conditioning Flash cards 3-4 Years
- Lea puzzle 2-3 years
- Plastic colluder with lip 0-18 years
- Lea Grating Paddle 2-3 years
- Lang Fixation Stick or Lea 0-3 Years
- Log mart chart or Snellen's chart 4-18 years
- Streak Retinoscope 6 months to 18 years
- Hiding Heidi 2-3 years
- Near Vision Test with Lea symbol (Lea playing card set) and Near Vision Line test 3-6 years

**Retinopathy of prematurity**

of

- Distance Vision Test (Lea single symbols book) 3-6 years
- Indirect ophthalmoscope with a 20, 28 or 30 D lens For preterm children
- Eye speculum (Alfonso infant wire speculum)
- Scleral depressor (wire vectis)
- Medicine: All
- Phenylephrine 2.5%.
- Tropicamide 0.5%
- Cyclopentolate
- 0.2%/1% Ciplox Eye drops 0.3%
- Proparacaine Hydrochloride 0.5 %
- Laser console plus Laser Indirect Ophthalmoscope with protective glass (Treatment for ROP)

**Speech language disorder**

and

- \*Receptive-Expressive Emergent Language Test—Third Edition (REEL-3) for 0-3 years
- \*LPT: Linguistic profile test for 3-9 years
- \*Developmental assessment for Indian Infants ( DASSI) for birth to 30 months
- \*Vineland Social Maturity 0-9 years

**Cognition, Intellectual disability and mental disorder**

	Scale	
	• Vineland Adaptive Behavior Scales	0-9 years
	• *Bayley-III Screening Test Complete Kit Includes; Manual, Stim Book, Picture Book, Record Forms 25 Packs.	1 month to 42 months
	• Developmental Screening Test (DST) by Bharat Raj	1-15 years
	• * Denver Developmental Screening Test II (DDST-II)	1 month to 6 years of age
	• Stanford Binet (Indian adaptation-Kulshreshta)	2-9 years
	• Piagets Sensori-motor Intelligence Scale	0-2 years
	• Piagetian Cognitive Tasks	0-2 years
<b>ASD/Autism</b>	: Autism Spectrum disorder: INCLEN- ASD or Indian Scale for Assessment of Autism (ISAA)	2-9 years
<b>Autism Spectrum disorder</b>		
<b>ADHD : Attention Deficit Hyperactivity</b>	: ADHD : Attention Deficit Hyperactivity: INCLEN	6-9 years
<b>Learning Disability</b>	NIMHANS battery	6-9 years
<b>LD- Dyslexia</b>	Dyslexia Early Screening Test (DEST) and Dyslexia Screening Test Junior (6-11 years)	4-6 years and 6-11 years
<b>Behavioral Learning</b>	Childhood Behavioral Checklist CBCL	0-2 years
<b>Cerebral Palsy and Neuro-motor impairment</b>	Cerebral Palsy and Neuro-motor impairment: INCLEN (INDT-NMI)	0-9 years
<b>Convulsive Disorders (Epilepsy)</b>	INCLEN Diagnostic Tool for Epilepsy (INDT-EPI)	2-9 years

#### IV LIST OF DENTAL EQUIPMENT'S & CONSUMABLES

S No	Equipments	Quantity
1	Dental Chair with all the required attachments and specifications	1 Chair
2	Wall mounted dental x ray	1
3	Table top Front Loading Autoclave (electrical)	1

4	Forceps set for extraction	2 Set (1 Adult + 1 Pediatric)
5	Restorative Filling and Carving Instruments Set	1 set
6	Elevators set of 10 (ten)	1 Set
7	Airator	1
8	Contra angle handpiece	1
9	Dental ultrasonic scaler ( complete set)	1
10	Composite Filling Instruments	1 kit
11	Dental Electric Brushless Micromotor	1
12	LED Curing Light source	1 Complete Unit
13	Automatic Water Distiller	1
14	Mouth Mirrors	40
15	Probes	40
16	Explorers	40
17	Tweezers	40
18	Cheatle forceps	1
19	Kidney trays	10
20	Plastic Cheek Retractors	2 each
21	Mouth Props (Adult + Pedo)	1 each
22	Cement Spatula	1
23	Matrix Band and retainer(both no1 & 8)	1 set
24	Dental Impression Trays (upper and lower)	1 set each
25	Rubber Bowls	2
26	Plaster Spatula- straight and curved	1 each
27	Suction tips	5
28	Mallet	
29	Scissors	1
30	Needle Holder	1
31	Bone Chisel	1
32	Glass slab	1
33	Scalpel handle	1
34	Plastic patient drape	2
35	Glass dappen dish	2
36	X-ray viewer	1
37	Stainless steel drums	2
38	Hand scaler (complete set)	1
39	Portable dental darkroom	1
40	Mortar And pestel	1

**CONSUMABLES**

- 1 Developer

2	Eugenol (110 gm)	
3	Fixer	1L
4	GIC filling (15gm powder/8g liquid)	1
5	GIC luting (15gm powder/8g liquid)	1
6	Impression material alginate dust free(450g)	1
7	Plugger 15-4- assorted	1 set
8	Polishing paste (100 g)	1
9	Vaseline	1
10	Burs assorted for contrangle handpiece(round, taper fissure, inverted cone)	6 pieces
11	Composite kit with etchant and bonding agent	1 kit
12	Composite syringes individual	1 packet
13	Composite finishing and polishing kit	1 kit
14	Dental IOPA xray film Pedo	
15	Dental IOPA xray film adult (size 2) (E speed)	150 film packet
16	Diamond burs-Air rotar handpiece-assorted	1 set
17	Disposable dental suction tips (100 tips)	1 packet
18	G.P point15-80 assorted set	1
19	H file set assorted 15-40,45-80 (21 mm)	1 set
20	K file set assorted 15-40,45-80 (21 mm)	1 set
21	Matrix band no1	1
22	Matrix band no 8	1
23	Mylar strip (8mm,100 strips pack )	1
24	Polishing brush and cup	1 each
25	Plaster of paris	1 kg
26	Zinc oxide powder (110 g)	1 pack
27	Applicator tips for bonding agent	
28	Pit and fissure sealant	1
29	Zinc phosphate cement	1
30	Cotton rolls for isolation(10mm.1000 rolls)	1 pack
31	Etchant gel 37% phosphoric acid gel(9 ml)	1
32	Dentin bonding agent(6g)	1
33	Wedges wooden	1 pack
34	Formocresol (30 ml bottle)	1 bottle
35	Calcium hydroxide powder	1 pack
36	Topical fluoride varnish	1 bottle
37	Green cloth bags for autoclaving instruments	10 bags
38	Normal saline	
39	Betadine	



- 40 Surgical spirit
- 41 Syringe (2ml) and needle 25/26 gauge)
- 42 Local Anesthesia (topical and injectable)(2% lidocaine with epinephrine& without epinephrine)
- 43 Face mask( disposable)
- 44 Examination gloves (100pieces /box)
- 45 Black silk suture 3"o"
- 46 B P blade no 15

#### **V. MEDICAL EQUIPMENTS**

- a. Paediatric Stethoscope- 2
- b. Sphygmomanometer with paediatric cuff- 2
- c. Direct Ophthalmoscope -1
- d. Paediatric Auroscope -1
- e. Ear speculum-2
- f. Magnifying glass- 2
- g. Weighing machine (both baby and adult)- 2 each
- h. Infantometer- 2
- i. Stadiometer- 2
- j. Measuring tape- 2
- k. Torch- 2
- l. Knee hammer- 2
- m. X Ray viewer- 2

#### **VI TOYS FOR PLAY AREA**

- i. Swings
- ii. Slides
- iii. See Saw
- iv Tunnel
- v. Tricycle
- vi Any locally suitable toy

#### **VII LAB EQUIPMENTS:**

- a. Automated Blood cell Counter
- b. Microscope
- c. Semi-automated analyzer
- D. Digital Hemoglobinometer

#### **VIII Sensory Integration Equipments**

- 1) Pinspot and Mirror Ball Bundle
- 2) Mirror Ball Motor
- 3) LED Mirror Ball



- 4) Fire ball -mounted on the roof
- 5) Sound Activated Light
- 6) LED Bubble Tube
- 7) OPTIC fibers
- 8) Blue LED Lights
- 9) 150 bulb blue LED light chain
- 10) Bubble Tube
- 11) Rotating Drum
- 12) Chime Frame and Beater
- 13) Mirror Chime bout
- 14) Swings:
  - a) Bolster swing
  - b) Platform swing
  - c) Tyre tube swing
  - d) Rope ladder swing
- 15) Rhythmic Rocker
- 16) Balance boards
- 17) Ball Pool
- 18) Tunnel
- 19) Bean bags including white ones
- 20) Real size animal toys

